

## 2023-2024 HANDBOOK CHANGES

## MIDDLE LEVEL PRACTICE WITH THE HIGH SCHOOL TEAM

- If a sport is offered by the middle school, middle level students may practice with the high school teams only during the time period that the seasons run concurrently.


## PROGRAMS STRUGGLING TO FILL THE ROSTER

## - EIGHTH GRADERS PARTICIPATION WITH THE HIGH SCHOOL TEAM

o With an existing junior high program
o With league approval, Colfax High School may allow eighth (8th) grade students from a WIAA member feeder middle school/junior high to participate in the high school program with the intent to maintain a varsity program in boys or girls basketball, boys or girls cross country, volleyball, boys or girls wrestling and boys and girls track \& field. With league approval, Colfax High School may allow eighth (8th) grade students from a WIAA member feeder middle school/junior high to participate at the high school level if at any time before the $50 \%$ rule during the season the number of participants on the high school team is at or below these specified numbers.

Basketball: 16
Cross Country: 6 Boys and Girls are separate teams
Volleyball: 17
Wrestling: 8 Boys and Girls are separate teams

## Additions:

Up to three college visits per year are cleared for practice with prior request and approval.
If a student is tardy in any given class three times per semester they will not be allowed to practice for every subsequent tardy.

Because student athletes are leaders of and role models for other students, they are prohibited from attending or remaining at parties or gatherings where they know minors are consuming alcohol or other substances the law prohibits minors from consuming (collectively referred to as "prohibited substances"). If a student athlete is at a party or gathering and learns that minors are consuming prohibited substances, the student athlete is expected to have the courage and self-discipline to leave immediately. If a student athlete cannot safely leave a situation where minors are consuming prohibited substances, the student should explain the situation to an
administrator immediately upon returning to school. If a student athlete does not leave a party or gathering where they know minors are consuming prohibited substances or does not self-report when circumstances prevent them from safely leaving the party or gathering, the student athlete will be suspended from competitions for twenty percent (20\%) of the WIAA regular season.

